

# SPM Supreme™

*Synergistic blend of pro-resolving mediators to support a healthy inflammatory response\**

SPM Supreme™ is a combination of three highly potent “specialized pro-resolving mediators” designed to help support the body’s natural ability to respond to physical challenges and “resolve” the initial steps in the body’s natural inflammatory processes. The “resolution” of a healthy inflammatory response is an active process controlled by these unique metabolites.

## **What are Specialized Pro-Resolving Mediators?**

Specialized pro-resolving mediators (SPMs) are a large class of newly discovered molecules produced in the body (bloodstream, nervous tissue, breast milk) and are derived from naturally-occurring omega-3 and omega-6 fatty acids found in foods such as fatty fish, nuts, and seeds. SPMs themselves do not block the initial phase in the inflammatory pathway, which is a vital response to initial trauma or injury, but rather aid in the process of “resolving” it (hence their name). In essence, SPMs signal the immune system, encouraging it to return to a state of balance.

SPMs work to facilitate the body’s natural resolution response to challenges presented in the inflammatory pathway. These challenges can be caused by aging, physical stressors, injury, infection, and nutrient-poor diets.\*

Pro-resolving mediators may also support proper pain management, resulting in improvements to overall quality of life.\*

SPMs also aid in tissue remodeling and wound healing from occasional trauma/injury, both of which are vital for restoring healthy function in the body.

## **Recommended Use:**

As a dietary supplement, take 1 softgel per day, or as directed by your health care practitioner.

## **Benefits\*:**

- Supports pain management & a healthy inflammatory response
- Promotes tissue repair & wound healing
- Calms immune system activity without suppressing a healthy immune response
- Potentially lacks the side effects often associated with common anti-inflammatory drugs



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).**