

Gluten-Free Gravy

Serves: 8




Total time: 10 mins

Difficulty Level: Easy



INGREDIENTS:

 Available for purchase in the PureFormulas Store

- 2 cups vegetable broth
- 1/2 tsp onion powder
- 3 tbsp nutritional yeast
- 1 tbsp coconut aminos 
- 1/2 tsp Dijon mustard 
- 1/4 cup all-purpose flour 

DIRECTIONS:

1. Add all ingredients to a pot and bring to a boil.
2. Whisk over medium heat for 2-3 minutes or until the gravy thickens.
3. Serve over your favorite dish & enjoy!