



Quinoa Breakfast Bowl

Ingredients

- 1 1 cup quinoa ✓
- 2 cups of almond or cashew milk
- ¼ banana puree
- 3 tbsp. of agave ✓
- ½ tsp. vanilla extract ✓
- 1 tsp. cinnamon ✓
- ¼ tsp. nutmeg ✓
- ¼ tsp. ground clove
- 1 tbsp. unsweetened shredded coconut ✓
- 1 tbsp. of chopped cashews ✓
- Handful of blueberries

Directions

1. Simmer the milk in a saucepan and add quinoa.
2. Let quinoa simmer in the milk and then reduce the heat to low and cover.
3. Cook for about 15 minutes.
4. Remove from heat and add banana, agave, vanilla, and spices. Stir well.
5. Return mixture to stove and cover to cook on low for about 5 more minutes.
6. Serve and top with blueberries, shredded coconut and cashews.

Adapted from According to Elle

<http://www.accordingtoelle.com/chai-breakfast-quinoa/>

✓ Available for purchase in the PureFormulas Store

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