## The PureLean® Program

# Targeted Healthy Weight Management\*\*



### Core Products

### PureLean® Pure Pack Daily Multi-Nutrient Packet

- Multivitamin with metabolic synergists\*
- Alpha Lipoic Acid with GlucoPhenol™, novel extract combination developed with the Institute of Nutrition and Functional Foods (INAF)\*
- 1,000 mg Taurine for enhanced fat metabolism support\*
- Easily tolerated Magnesium glycinate for sensitive individuals\*
- Lemon-flavored omega-3 fatty acids for enhanced tolerability\*

### PureLean® Protein IMPROVED TASTE

### Choice of PureLean® Protein Blend or PureLean® **Whey Protein**

- 15 g protein from pea, rice and chia or 21 g protein from whey to support satiety\*
- Promotes overall daily wellness\*
- Great-tasting, naturally flavored and sweetened formulas
- PureLean® Protein Blend (Vanilla Bean) available in convenient single-serving packets

### PureLean® Fiber Convenient Powder

- 6 a of fiber per serving
- Helps slow the rate of digestion to promote satiety, digestive health and nutrient absorption\*
- Promotes detoxification and healthy glycemic control\*

### **Specialized Support Products**

### AdipoLean NEW PRODUCT

- Combines the patented WellTrim® iG (IGOB131®) Irvingia gabonensis extract and Oligonol®, a lychee and green tea complex to support healthy weight management<sup>†</sup> and lean mass ratio\*
- Supports healthy visceral fat composition and abdominal circumference\*
- Targets adipogenesis, glucose metabolism and fat utilization\*

#### **GlyMag-Z** Convenient Single-Serving Stick Packs

- Offers a combination of the inhibitory neurotransmitter glycine and magnesium to provide support for occasional sleeplessness\*
- Promotes healthy circadian rhythm and sleep quality\*
- Great-tasting lemon-lime flavor

### Metabolic Xtra Glucose Support\*

Supports healthy insulin function and signaling to promote glucose metabolism with berberine, alpha lipoic acid, resveratrol and chromium\*

### PureLean® Green Coffee Convenient Single-Serving Stick Packs

- 400 mg Svetol® green coffee bean extract per serving to maintain healthy glycemic response\*
- 100 mg green tea extract per serving to support fat utilization and thermogenesis\*
- 1 g fiber per serving

#### XanthiTrim Liquid-Filled Caplique® Capsule

- Promotes healthy fat metabolism and metabolic rate\*
- Supports the body's natural capacity for thermogenesis\*

### The PureLean® Program Overview

Core Products	Breakfast	Morning Snack	Lunch	Afternoon Snack	Dinner	Bedtime
PureLean® Pure Pack	1 packet					
PureLean® Protein (choice of vegetable blend or whey)	1 serving			1 serving		
PureLean® Fiber		1 serving				
Specialized Support Products						
AdipoLean			1 capsule		1 capsule	
GlyMag-Z						1 packet
Metabolic Xtra			1 capsule		1 capsule	
PureLean® Green Coffee			1 packet		1 packet	
XanthiTrim			1 capsule		1 capsule	