



BERRY-COLLAGEN ICE POPS

BY RAISA C.



INGREDIENTS:

 Available for purchase in the PureFormulas Store

- ½ cup organic strawberries
- ½ cup organic blueberries
- 2 servings collagen powder 
- 1 tbsp agave 
- 1 cup coconut water
- Ice pop molds
- *Optional:* Wood craft sticks

DIRECTIONS:

1. Blend all ingredients on high for 1 minute.
2. Pour into molds and freeze.
3. Insert wood craft stick after 10 minutes.
4. Keep frozen overnight and enjoy the next day!