




CLOVE SORE MUSCLE RUB

BY MICHELLE S.



INGREDIENTS:

 Available for purchase in the PureFormulas Store

- 1/4 cup almond oil 
- 1/4 cup jojoba oil 
- 1 tbsp. beeswax
- 20 drops clove oil 

DIRECTIONS:

1. Melt the beeswax by filling a small pot with hot water and then place a container with the wax and oil into it.
2. Once the wax is melted, add the almond and jojoba oils; mix well.
3. Once the oils are blended with the beeswax, add the clove essential oil.
4. Let cool, and enjoy!