



## Lavender Body Butter

### Ingredients

- 1/2 cup of shea butter ✓
- 1/2 tbsp of coconut oil ✓
- 1/2 tbsp of almond oil ✓
- 4 drops of lavender essential oil ✓

### Instructions

- 1 Soften the shea butter in a hot water bath (place the container with the measured shea butter in bowl with hot water, allowing the shea butter to soften with the heat from the water). The shea butter should just be softer and not melted.
- 2 Whip up the softened shea butter with a hand mixer while slowly adding the coconut and almond oil, until the mix turns a little thicker (3-4 minutes).
- 3 Add lavender essential oil and stir.
- 4 Store in airtight container.
- 5 The mix will turn from creamy to buttery consistency on its own in a few minutes.

✓ Available for purchase in the PureFormulas Store

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