

SEE HEALTHY AGING IN A NEW LIGHT.

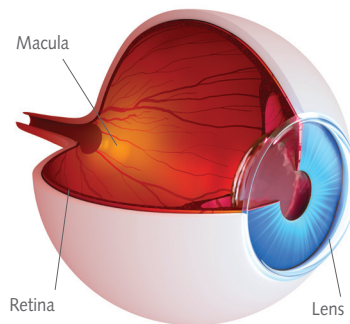


PROTECT VISION. PROMOTE HEALTHY AGING.

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Why Nutrition is Essential for Maintaining Healthy Eyes as we Age

Our eyes are an important organ, but all too often they are taken for granted, allowing us to lose sight of the impact that normal aging, our diet, and the environment can play on our visual function. More than any other tissue in the body, the lens and retina of the eye are continually exposed to free radicals and intense light radiation, including potentially harmful blue light. As a part of normal aging, these factors can contribute to changes in the membrane structure and function of eye cells, ultimately impacting our ability to maintain healthy eyes as we age. Supplementation with specific well-researched nutrients such as those found in Ultra Preventive Vision, Macu-Support and Eye Moisture Support can help to support healthy eye function.†



Douglas Laboratories has developed a suite of ocular formulas in conjunction with Dr. Stuart Richer, one of the leading experts in eye health, to deliver the most up-to-date science in the field. With information continuing to emerge on the role of nutrients in ocular health and the age-related challenges we face such as eye fatigue and damaging blue light, these 3 formulas are designed to help maintain healthy eyes through every stage of life.†

Ultra Preventive® Vision is a comprehensive multivitamin/mineral formula with phytonutrients and carotenoids specially designed to help support a healthy macula, retina, and visual performance for all ages that are affected by excess blue-light exposure and free radical damage.†

Macu-Support™ supplies a well-balanced spectrum of key antioxidants that are important in maintaining normal retina and macula function in the eyes.† As we age, the ability of the macula to function properly can decline. The nutrients found in Macu-Support have been studied for their ability to help maintain and support macular function and health.†

Eye Moisture Support is a unique dietary supplement featuring QÜELL Fish Oil®, organic borage seed oil and astaxanthin, among other nutrients, for healthy production of tears and moisture in the eyes.†

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[Formulated by Dr. Stuart Richer]

Ultra Preventive® Vision

Formula# 202027

120 Vegetarian Capsules

SRP: \$50.00

- The carotenoids lutein and zeaxanthin in a ratio of 3:1 to help enhance visual performance, promote glare recovery and sharper vision, and reduce bright light sensitivity.†
- Vitamin C, alpha-lipoic acid, green tea, bilberry and resveratrol provide potent antioxidant defense in retinal cells.†
- Methylated B vitamins in the form of 5-MTHF, methylcobalamin, P-5-P and benfotiamine allow for maximum bioavailability of these nutrients.†

SUPPLEMENT FACTS

Serving Size 4 Vegetarian Capsules • Servings Per Container 30

Amount Per Serving	%DV
Vitamin A (as retinyl palmitate).....	2,500 IU 50%
Vitamin C (as ascorbic acid)	500 mg 833%
Vitamin D-3 (as cholecalciferol)	1,000 IU 250%
Vitamin E (as d-alpha tocopheryl succinate).....	200 IU 667%
Thiamine (as thiamine HCl).....	.5 mg 333%
Riboflavin10 mg 588%
Niacinamide.....	.50 mg 250%
Vitamin B-610 mg 500%
(as Pyridoxine HCl/Pyridoxal-5-Phosphate complex)	
Folate (as L-methylfolate, Metafolin®).....	.400 mcg 100%
Vitamin B-12 (as methylcobalamin).....	.100 mcg 1,667%
Biotin300 mcg 100%
Pantothenic Acid (as calcium pantothenate)10 mg 100%
Iodine (from kelp).....	150 mcg 100%
Magnesium (as magnesium citrate).....	100 mg 25%
Zinc (as monomethionine)20 mg 133%

Selenium (as amino acid chelate).....	100 mcg	143%
Chromium (as amino acid chelate).....	120 mcg	100%
Molybdenum (as amino acid chelate).....	75 mcg	100%
Potassium (as Potassium aspartate).....	30 mg	<2%
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L-Taurine	150 mg	*
N-Acetyl L-Cysteine.....	100 mg	*
Alpha-lipoic acid.....	50 mg	*
Green tea leaf extract.....	50 mg	*
(Camellia sinensis, standardized to 98% polyphenols and 45% EGCG, decaffeinated)		
Grape Seed Extract (<i>Vitis vinifera</i>).....	25 mg	*
(standardized to 95% polyphenols)		
Bilberry fruit Extract (<i>Vaccinium myrtillus</i>).....	15 mg	*
Lutein (from Marigold flower).....	12 mg	*
Resveratrol (as trans-resveratrol).....	10 mg	*
Benfotiamine.....	5 mg	*
Zeaxanthin.....	4 mg	*

*Daily Value not established.

Other Ingredients: Hydroxypropyl methylcellulose (capsule), cellulose, vegetable stearate, silica.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

MicroGLO is a registered trademark of Kemin Industries, Inc., USA.

OptiZinc is a trademark of Inter-Health N.I.

resvida is a registered trademark of DSM.



Stuart Richer OD, PhD, FAO

Actively involved in primary care optometry and clinical antioxidant research, Dr. Richer has special interests in aging, prescribing nutrients in the intervention of age related

macular degeneration, low-tension glaucoma, diabetic macular edema, prevention of cataracts and dry eye. He has been Chief of Optometry at Captain James A Lovell Federal Health Care Center, North Chicago, IL since 1983. In 1996 Dr. Richer earned his PhD in human physiology and biophysics from Chicago Medical School. He has been actively involved in teaching optometry and medical students as well as postdoctoral fellows of all disciplines. Dr. Richer has authored several papers in a variety of journals. He is the principal investigator of the Veterans Lutein Antioxidant Supplementation Trial (LAST), the first US randomized double masked placebo controlled clinical trial of lutein and visual function published in the Journal Optometry April 2004, and the Zeaxanthin and Visual Function Study (ZVF) Nov 2011.

Visit douglaslabs.com for information on Dr. Richer's Webinar:
The Importance of Maintaining Eye Health As We Age

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[Formulated by Dr. Stuart Richer]

Macu-Support™

Formula# 202023

90 Vegetarian Capsules

SRP: \$32.00

- Contains important antioxidant nutrients including vitamin C, vitamin E, zinc, lutein and zeaxanthin, and is free of beta-carotene. These important nutrients have shown positive results for vision health in the AREDS 2 trial conducted by the National Eye Institute.[†]
- Excludes Copper due to the abundant copper levels found in food, multivitamins and the environment.

SUPPLEMENT FACTS

Serving Size 3 Vegetarian Capsules • Servings Per Container 30

Amount Per Serving		%DV
Vitamin C (Ascorbic Acid)	500 mg	833%
Vitamin E (as d-alpha tocopheryl succinate)	400 IU	1,333%
Zinc (as zinc monomethionine)25mg	167%
Lutein (from Marigold flower)	10 mg	*
Zeaxanthin.....	.2 mg	*

*Daily Value not established.

Other Ingredients: Capsule (hydroxypropyl methylcellulose, titanium dioxide), cellulose, vegetable stearate, silica.

Moruno is a registered trademark of Kemlin Industries, Inc., USA.
OptiZinc is a trademark of InterHealth N.I.

[Formulated by Dr. Stuart Richer]

Eye Moisture Support



Formula# 202026

60 Softgels

SRP: \$40.00

- Provides the omega-3 fatty acids EPA and DHA from Supercritical CO2 extracted fish oil in triglyceride form, as QÜELL Fish Oil®.†
- Organic borage seed oil supplies a substantial dose of GLA which acts as a precursor of prostaglandin PGE1.†
- Vitamin A is found in tear film of healthy eyes and is important for the production of the mucous layer of tears.†
- The addition of astaxanthin helps to further support eye health and eye fatigue by controlling healthy biomarkers.†

SUPPLEMENT FACTS

Serving Size 2 Softgels • Servings Per Container 30

Amount Per Serving	%DV
Calories from Fat	10
Total Fat.....	0.9 g 1%
Vitamin A (as retinyl palmitate).....	500 IU 10%
Vitamin C (as ascorbic acid)	50 mg 83%
Vitamin D3	1,000 IU 250%
Vitamin B6 (as pyridoxine HCl).....	25 mg 1250%
Magnesium (from magnesium glycinate).....	100 mg 25%
Omega-3 Supercritical CO2 Triglyceride Concentrate	750 mg *
Providing:	
EPA (Eicosapentaenoic acid).....	340 mg *
DHA (Docosahexaenoic acid)	220 mg *
GLA (from organic borage seed oil).....	100 mg *
Astaxanthin	1.5 mg *

*Daily Value not established.

Other Ingredients: Sunflower lecithin, beeswax, capsule (gelatin from fish [tilapia], glycerin, water, carob). This product contains fish oil (anchovies, sardines, mackerel).

Douglas Laboratories
600 Boyce Road
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- Ocular formulas based on the latest scientific research
- Co-developed with Dr. Stuart Richer a leading expert in eye health
- Targeted nutrition for aging eyes
- Studies have shown the critical supportive role that nutritional supplements play in maintaining healthy vision[†]

