

# DIY Massage Bar

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**Dietary Needs:** Gluten-free, Vegan  
**Prep Time:** 20 min  
**Difficulty Level:** Medium  
**Servings:** Makes 2-3 massage bars depending on mold size  
**Overnight yes/no:** No



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## INGREDIENTS:

 Available for purchase in the PureFormulas Store

- 2/3 cup cocoa butter 
- 1 tsp coconut oil 
- 1 tsp jojoba oil 
- 10-15 drops rose essential oil (or other essential oil of choice) 

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## DIRECTIONS:

1. Melt cocoa butter and coconut oil in a double boiler using low heat.
2. Once melted, add jojoba oil and essential oil drops; mix well.
3. Pour into a soap mold of choice.
4. Let sit in the refrigerator for about 1 hour.
5. Store in an airtight container or keep in the refrigerator until use.