

All-Green Pesto (Vegan)

BY RAISA C.



INGREDIENTS:

✓ Available for purchase in the PureFormulas Store

- 2 cups raw cashews (soak overnight) ✓
- 1 cup fresh basil
- 1 cup fresh parsley
- 4 garlic cloves
- 4 tbsp nutritional yeast ✓
- 1/4 tsp salt
- 1/2 cup organic vegetable broth
- 1/2 cup olive oil ✓

DIRECTIONS:

1. Soak cashews overnight (or 4 hours) and rinse.
2. Blend all ingredients in food processor until reaches creamy consistency.
3. Try a little and if needed, add a little extra salt.
4. Add a little more olive oil or broth if you want to change the consistency.